

ALL SPORTS	June 1 - July 21, 2018.....Open Season	<ul style="list-style-type: none"> • Can practice • Can participate in 10 days of school competition & team camps (days spent at camp count toward the 10 days) • Nothing mandatory
	July 1 – July 7, 2018 DEAD WEEK – No activities of any kind	
FALL SPORTS	July 22 – July 26, 2018	<p>Closed Period</p> <ul style="list-style-type: none"> • Cannot practice and/or attend team camp(s) • Can continue to condition and strength train
WINTER SPORTS	July 22 - September 9, 2018	<p>Closed Season</p> <ul style="list-style-type: none"> • Cannot practice and/or attend team camp(s) • Can continue to condition and strength train • Can coach an outside team (75% rule must apply) • Can use school facilities and/or equipment if coaching an outside team
SPRING SPORTS	July 22 – December 2, 2018	<p>Closed Season</p> <ul style="list-style-type: none"> • Cannot practice – cannot do any skill training • Can continue to condition and strength train • Can coach an outside team (75% rule must apply) • Can use school facilities and/or equipment if coaching an outside team