

## 2019 SOUTH CAROLINA VARSITY COMPETITIVE CHEER SCALES

### PRIMARY PARTNER STUNT DIFFICULTY:

1 – 2	3 – 6	7 – 10 (unassisted)
<b><u>1 or More Stunt Groups:</u></b> -Basic entry to prep level or below -2 one-leg body skills -Basic dismount	<b><u>4 or More Stunt Groups:</u></b> -Intermediate entry to extended -2 extended one-leg body skills -Intermediate transition -Intermediate dismount  A stunt with intermediate skills that does not meet the requirements will score in the lower range	<b><u>5 or More Stunt Groups:</u></b> -Advance entry to extended -2 extended one-leg advance body skills -Advance transition to extended -Advance dismount  A stunt with advance skills that does not meet the requirements will score in a lower range

### PARTNER STUNT EXECUTION:

1 – 2	3 – 5	6 – 8	9 – 10
Body alignment, form, synchronization, technique, flexibility, spacing, transitions, dismount(s), obvious mistakes, etc.			
0 – 3(+) Drops	0 – 2 Drops	0 – 1 Drop	0 Drop

### SECONDARY PARTNER STUNT DIFFICULTY:

1	2 – 3	4 – 5 (unassisted)
<b><u>1 or More Stunt Groups:</u></b> -Basic entry to prep level or below -1 one-leg basic body skill	<b><u>4 or More Stunt Groups:</u></b> -Intermediate entry to extended -1 extended one-leg intermediate body skill  A stunt with intermediate skills that does not meet the requirements will score in the lower range	<b><u>5 or More Stunt Groups:</u></b> -Advance entry to extended -1 extended one-leg advance body skill  A stunt with advance skills that does not meet the requirements will score in a lower range

### SECONDARY PARTNER STUNT EXECUTION

1	2 – 3	4 – 5
Body alignment, form, synchronization, technique, flexibility, spacing, transitions, dismount(s), obvious mistakes, etc.		
0 – 2(+) Drops	0 – 1 Drop	0 Drop

Examples:	Entry	Transition	Dismount
Basic:	Skills to prep level or below		<b>From Prep Level or Below:</b> Straight ride, pop off, etc.
Intermediate:	Straight up, walk-in, half up, j up, etc. to extended position	Leap frog variations, power press, half up, etc.	<b>From Extended Level (exception inversions):</b> Straight ride, pop off, flip, cartwheel, etc.
Advance:	Full up, switch up, low-high, inversion, etc. to extended position ( <b>exception high-high release</b> )	Full up, low-high, inversion, etc. to extended position ( <b>exception high-high release</b> )	<b>From Extended Level (exception inversions that pass through extended):</b> Full twist, pancake, etc.

Basic body skill: (two-leg at any level) Cupie, extension, etc.

Intermediate body skill: Lib, arabesque, etc

Advance body skill: Heel stretch, bow & arrow, scorpion, scale, front stretch, etc.

May 28, 2019

**BASKET TOSS DIFFICULTY:**

1	2 – 3	4 – 5
<b><u>2 Different Toss Groups:</u></b> Basic skills	<b><u>3 Different Toss Groups:</u></b> Intermediate skills	<b><u>4 Different Toss Groups:</u></b> Advance skills
	Less than 3 intermediate tosses will score in the lower range	Less than 4 advance tosses will score in a lower range

Basic: straight ride, etc.

\* All tosses must all be thrown in the same basket toss section

Intermediate: Toe touch, ball arch, pretty girl, pike, ball-x, etc.

Advance: Ball full, pike full, kick full, toe touch full, full up toe touch, etc

**BASKET TOSS EXECUTION:**

1	2 – 3	4 – 5
Body alignment, precision, synchronization, form, technique, height, cradle, obvious mistakes, etc.		

**PYRAMID DIFFICULTY:**

1 – 2	3 – 6	7 – 10
<b><u>1 or More Top Persons at Prep Level or Below</u></b> -Basic entry to prep or below -1 Structure -Basic dismount	<b><u>1 or More Top Persons Extended</u></b> -Intermediate entry to extended -2 One-legged extended structures -2 Intermediate transitions -Intermediate dismount  A pyramid with intermediate skills that does not meet the requirements will score in the lower range	<b><u>2 or More Top Persons Extended</u></b> -Advance entry to extended -3 One-legged extended structures -3 Advance transitions -Advance dismount  A pyramid with advance skills that does not meet the requirements will score in a lower range

<b>Examples:</b>	Entry	Transition	Dismount
Basic:	Skills to prep level or below		<b>From Prep Level or Below:</b> Straight ride, pop off, etc.
Intermediate:	Straight up, walk-in, half up, j up, etc. to extended position	Leap frog variations, power press, half up, etc.	<b>From Extended Level (exception inversions):</b> Straight ride, pop off, flip, cartwheel, etc.
Advance:	Full up, switch up, low-high, inversion, etc. to extended position	Full up, low-high, ball up, tic-toc, inversion, etc. to extended position	<b>From Extended Level (exception inversions that pass through extended):</b> Full twist, pancake, etc.

**PYRAMID EXECUTION:**

1 – 2	3 – 5	6 – 8	9 – 10
Body alignment, form, synchronization, technique, flexibility, transitions, dismount(s), obvious mistakes, etc.			
0 – 3(+) Drops	0 – 2 Drops	0 – 1 Drop	0 Drop

**STANDING TUMBLING DIFFICULTY:**

1 – 2	3 – 6	7 – 10
Basic skills	<b><u>Majority of the Team:</u></b> Intermediate skills	<b><u>Majority of the Team:</u></b> Advance skills
	Less than majority of intermediate skills will be scored in the lower range	Less than majority of advance skills will score in a lower range

\* Majority is at least 13 team members

Basic: Forward roll, backward roll, back extension, front walkover, back walkover, cartwheel, etc.

Intermediate: Back handspring, aerial, etc.

Advance: Standing tuck, back handspring(s) tuck, back handspring(s) layout, standing full, back handspring(s) full, etc.

**STANDING TUMBLING EXECUTION:**

1 – 2	3 – 5	6 – 8	9 – 10
Technique, form, synchronization, speed, spacing, obvious mistakes, etc.			
0 – 3(+) Busts	0 – 2 Busts	0 – 1 Bust	0 Bust

**RUNNING TUMBLING DIFFICULTY:**

1 – 2	3 – 6	7 – 10
Basic skills	<b><u>Majority of the Team:</u></b> Intermediate skills	<b><u>Majority of the Team:</u></b> Advance skills
	Less than majority of intermediate skills will be scored in the lower range	Less than majority of advance skills will score in a lower range

\* Majority is at least 13 team members

Basic: Round off, running walkover, cartwheel walkover, etc.

Intermediate: Round off back handspring(s), aerial, etc.

Advance: Cartwheel tuck, round off tuck, round off back handspring(s) tuck, round off back handspring(s) layout, round off back handspring(s) full, specialty pass, etc.

**RUNNING TUMBLING EXECUTION:**

1 – 2	3 – 5	6 – 8	9 – 10
Technique, form, synchronization, speed, spacing, obvious mistakes, etc.			
0 – 3(+) Busts	0 – 2 Busts	0 – 1 Bust	0 Bust

**JUMP DIFFICULTY:**

1	2	3	4	5
<b>Full Squad:</b> 1 jump	<b>Full Squad:</b> 2 jumps connected	<b>Full Squad:</b> 2 different jumps connected	<b>Full Squad:</b> 3 jumps connected	<b>Full Squad:</b> 3 different jumps connected
	Less than full squad will score in the lower range	Less than full squad will score in a lower range	Less than full squad will score in a lower range	Less than full squad will score in a lower range

**JUMP EXECUTION:**

1	2 – 3	4 – 5
Technique, flexibility, landing(s), synchronization, position of arms, obvious mistakes, etc.		

**DANCE DIFFICULTY:**

1	2 – 3	4 – 5
<b>Basic:</b> Skills, choreography, creativity, movement, pace, transitions, formations, level changes, foot work, etc.	<b>Intermediate:</b> Skills, choreography, creativity, movement, pace, transitions, formations, level changes, foot work, etc.	<b>Advance:</b> Skills, choreography, creativity, movement, pace, transitions, formations, level changes, foot work, etc.

**DANCE EXECUTION:**

1	2 – 3	4 – 5
Technique, timing, synchronization, transitions, formations, spacing, rhythm, energy, confidence, performance, obvious mistakes, etc.		

**OVERALL ROUTINE COMPOSITION:**

1 – 2	3 – 5	6 – 8	9 – 10
Transitions, formations, motions, pace, energy, confidence, showmanship, words, creativity, routine layout, etc.			

A routine cannot exceed 2 minutes and 30 seconds.

No more than 2 minutes of music is allowed.

A section with words and without music is required.

The section with words and without music must be a minimum of 20 seconds.