

# South Carolina High School League Medical Timeout Guidelines



## Medical Timeout (MTO)

A medical timeout is designed to prepare medical personnel, game administrators, officials, and anyone designated as responsible for the medical well-being of athletes on game day to be aware, prepared, and educated about the home team EAP as well as emergency equipment locations.

MTO should be coordinated by the home sports medicine staff and communicated to the visiting medical staff.

## Individuals Involved

- Medical personnel
  - Athletic Trainers
  - EMT if available at that time
  - Physicians if available at that time
- Lead official
- Game administrator

## Time and Location

- 30 minutes prior to the start of game in the end zone closest to EMS positioning

## Talking Points

- Introduction of all personnel and credentials
- Utilize a checklist to record
  - Game Personnel
  - Phone numbers of home and visiting ATs
  - Closest Advanced Medical Care hospitals
  - Location of Emergency Equipment
  - Signals for Emergency situations
- Identification of Emergency Equipment and their locations
  - AED
  - Lightning Detection devices
  - Spine Board/helmet removal equipment
  - Cold tub
- Determine procedure for spine immobilization and equipment removal

# MEDICAL

TIMEOUT FOR HIGH SCHOOLS

# SCHSL



## CHECKLIST

### GAME PERSONNEL

Head Official:

\_\_\_\_\_

Game Administrator:

\_\_\_\_\_

Home AT:

\_\_\_\_\_

(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Visiting AT:

\_\_\_\_\_

(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Physician: \_\_\_\_\_



**Closest Advanced Medical Care:**

Closest Hospital:

Closest Trauma:

Closest Children's Unit:

**Location**

Lightning Detection:

AED:

Spine Board & Helmet Equip:

Cold Tub:

**Signals**

AED Needed:

Spine Injury:

EMS Needed:

**EMERGENCY:**

# 911