



TuesNews

Weekly Newsletter of the South Carolina High School League
Romanda Noble-Watson, Editor

November 21, 2023

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Upcoming Events

SCHSL Office Closed for Thanksgiving
Nov. 22, 2023 – Nov. 24, 2023

Basketball, Wrestling First Contest:
Nov. 27, 2023

Football Business Meeting
Nov. 27, 2023

Football Press Conferences
Nov. 28-29, 2023

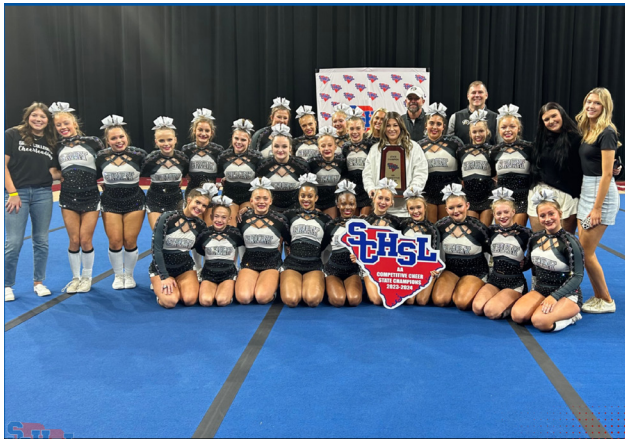
State Football Championship
Nov. 30, 2023 – Dec. 2, 2023

JOBS

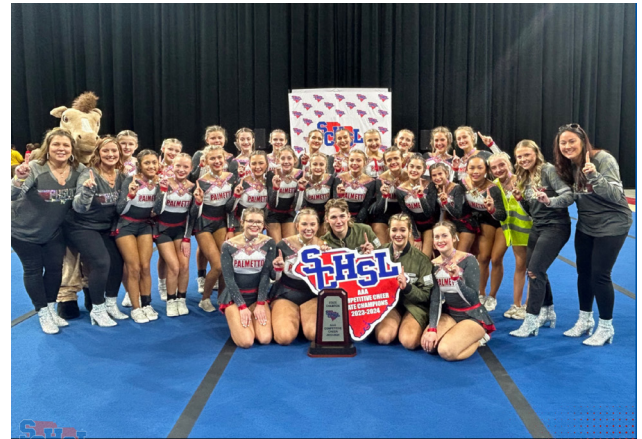
For job openings around the
SCHSL, visit www.schsl.org/jobs

CONGRATULATIONS

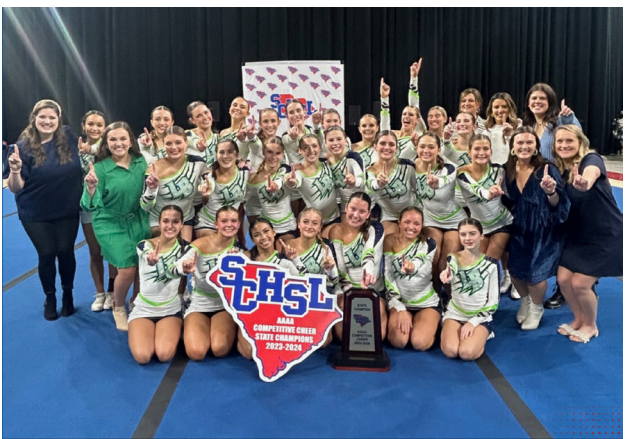
2023 SCHSL Competitive Cheer Champions



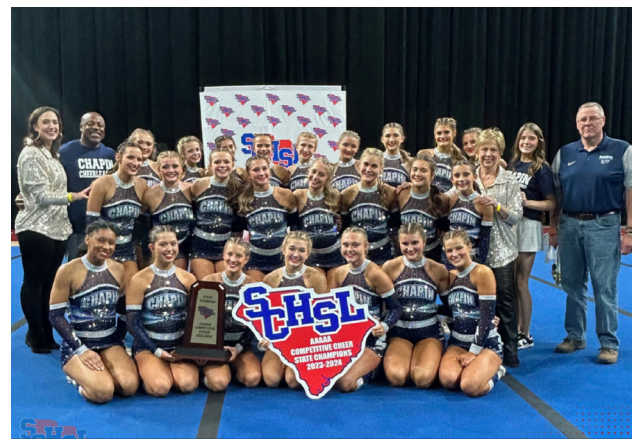
CLASS AA 2023
COMPETITIVE CHEER STATE CHAMPIONS
GRAY COLLEGIATE ACADEMY



CLASS AAA 2023
COMPETITIVE CHEER STATE CHAMPIONS
PALMETTO HIGH SCHOOL



CLASS AAAA 2023
COMPETITIVE CHEER STATE CHAMPIONS
LUCY BECKHAM HIGH SCHOOL



CLASS AAAAA 2023
COMPETITIVE CHEER STATE CHAMPIONS
CHAPIN HIGH SCHOOL

ANNOUNCEMENTS

Constitution/By-Laws Proposal

Any proposals for amendments to the League's Constitution and /or Bylaws must be submitted to the Commissioner prior to **January 1, 2024**. The proposal may only be submitted by a principal or superintendent. Proposal submission forms can be found on the League's website in the AD Notebook section or by clicking the following link: <https://schsl.org/archives/2393>

If you have any questions, please contact Associate Commissioner, Amy Boozer at Amy@schsl.org

Out-of-Attendance-Area Students and 3.0 Multiplier

The SC High School League's Executive Committee approved the use of a 3.0 multiplier for out-of-attendance-area students to be applied in the 2024-2026 Reclassification/Realignment process.

The link below share details on how out-of-attendance-area students are determined and how the 3.0 multiplier is applied.

[Reclassification and Realignment PowerPoint](#)

Media/School Credential Link

The 2023-24 SCHSL Media & School Credential Links for the SCHSL championships can be found under the Communications tab on the SCHSL website, www.schsl.org. Please note, the credential link for the 2023 Football Championships scheduled for Nov. 30-Dec. 2, will open this **Friday, Nov. 24 and will close Tuesday, Nov. 28 (2 PM)**.

Please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org, with any questions or concerns.

ANNOUNCEMENTS



Thanksgiving is one of the best times of the year, it gives families, friends, and even associates time to gather, tell stories, true or not, and of course enjoy a good meal.

**In observance of Thanksgiving, the SCHSL Office will be closed:
Wednesday, November 22nd
Thursday, November 23rd
Friday, November 24th**

Normal business hours, 7:30 am - 4 pm, will resume Monday, November 27.

Our hope for the membership of the SCHSL is that everyone has a safe and enjoyable Thanksgiving break.

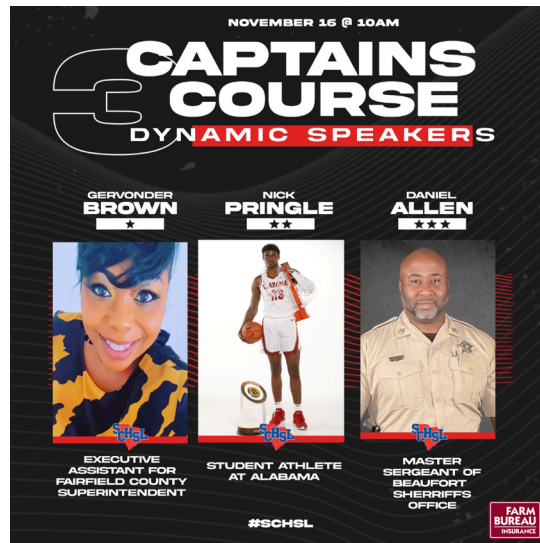
Arbiter Reminders

Below, are some important reminders related to basketball and wrestling scheduling in Arbiter. Contact Jill White, SCHSL Arbiter Booking Coordinator, at Jill@schsl.org with any questions regarding scheduling. Please review the bullet points below and address any issues ASAP but before the start of the season.

- Please double check to make sure your basketball schedules are correct in Arbiter.
- Varsity games should be set to SCHSL 101800 for officials.
- Contact your local assigner to verify your Sub-Varsity games.
- When entering girls and boys games linked on the same day, please make sure the sites are the exact same.
- Contact your wrestling assigner to verify your matches.

ANNOUNCEMENTS

Winter Captains Workshop Rewind



The Winter Captains Workshop was definitely one for the books. The panelists were on fire. Miss Gervonder Brown, spoke about being a confident leader. She gave our captains so many gems to take with them as they lead their teams to success.

We also had Nick Pringle, a senior basketball player at the University of Alabama speak to our captains. He spoke on how to push through tough times and come out stronger. He spoke about some obstacles he faced in high school that ultimately shaped who he is now as a college athlete. Nick Pringle is a graduate of Whale Branch Early College.

Lastly, Master Sergeant Daniel Allen spoke about the do's and don'ts of social media and how it can impact student-athletes in a major way. If you were unable to attend, you can always catch the workshop in [Rewind](#) on the SCHSL website.

ANNOUNCEMENTS

Fall Sports Playoff Brackets

The updated 2023-24 Fall Sports Brackets are available on the SCHSL website. Brackets can be accessed under the brackets link on the SCHSL website, www.schsl.org, or by clicking the following link: <https://schsl.org/brackets>.

For additional information on brackets please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.



Once again this season, the SCHSL is partnering with Farm Bureau Insurance of South Carolina to celebrate postseason football. The playoff brackets, presented by Farm Bureau Insurance, will be posted on the SCHSL website following the conclusion of the regular season this weekend for all five (5) classifications.

As the calendar turns to November, be sure to follow @SCHSL on X, formerly known as Twitter, for the Farm Bureau Insurance Full Coverage Scoreboard. We'll be posting scores of every playoff game, from the opening round to the State Finals in Orangeburg.

We encourage schools to use the hashtag #FullCoverageScoreboard and tag @SCHSL when they post scores of games on their social media platforms. The SCHSL would like to say thanks to Farm Bureau Insurance of South Carolina for their support of SCHSL football these past 5 years!

FOR YOUR INFORMATION

National Diabetes Awareness Month



November is National Diabetes Awareness Month and is a great time to spread awareness about the disease that affects millions of lives including student-athletes. According to the Centers for Disease Control (CDC) and Prevention, 37 million people have diabetes. That's 1 in every 10 people and 1 in 5 don't know they have diabetes. Additionally, 96 million adults (more than 1 in 3) have prediabetes. More than 8-in-10 adults don't know they have prediabetes. If you have prediabetes, losing weight by eating healthy and being more active can cut your risk of getting type 2 diabetes in half.

As we continue National Diabetes Awareness Month, here are some steps to take in the event of an athlete experiencing a type 1 diabetic emergency during athletics:

- **Immediate Assessment:** Quickly assess the athlete's condition by checking for signs of hypoglycemia, such as confusion, shakiness, or sweating.
- **Monitor Blood Glucose Levels:** Utilize a glucose meter.
- **Administer Glucose:** In the case of hypoglycemia, provide a rapid-acting source of glucose, such as glucose gel or tablets.
- **Contact Medical Professionals:** If the athlete's condition does not improve, contact emergency medical services immediately.
- **Ensure Follow-up Care:** After the emergency has been addressed, encourage the athlete to follow up with their healthcare provider.

For more information on immediate care: [Diabetes Care During Emergencies](#)

FOR YOUR INFORMATION

The Health Spot

Diabetes Awareness Month

November is National Diabetes Awareness Month and is a great time to spread awareness about diabetes, a condition that affects millions of lives including student-athletes.

Knowledge is power: Learn the facts, know the signs, and share them. Education can save lives.

Stay active: Regular exercise helps manage and prevent diabetes. Make physical health a priority!

Healthy choices: A balanced diet can make a big difference when managing diabetes. Make nutritious choices

Support & Empathy: Reach out to those with diabetes to offer support and empathy.

Direct all questions for this section to Tim Kinney, Director of Health, Safety, and Wellness, at Tim@schsl.org.

Officials' Whistle

As we begin Winter Sports, we wanted to provide tips for your athletic department in creating a welcoming and safe environment indoors for the officials who work your games.

1) Have a designated person greet officials as they enter the facility and take them to their designated area. Be creative and get your student groups involved, members of other organizations within your school can assume this role.

2) Provide a neat and clean dressing area for your officials near a restroom if possible. This area should be large enough for them to meet before, during, and after contests. If you have both male and female officials, be sure to provide a separate space for changing.

3) Provide water to your officials during breaks in the contest.

4) During contests, be sure to handle inappropriate behavior by spectators swiftly.

#BenchBadBehavior

Direct all questions for this section to Associate Commissioner Sarah Hayes at Sarah@schsl.org.

Tools for Success



SAAC is back and we are excited about it. We want the best and brightest from all over our great state to apply. Please be reminded that only one student-athlete can be nominated per school. Also, your nominee can be a rising junior or rising senior. Submit your nomination [here](#).

Direct all questions for this section to Director of Educational Services, Dr. Curtrell Rhodan at Curtrell@schsl.org