



# TuesNews

Weekly Newsletter of the South Carolina High School League  
Romanda Noble-Watson, Editor

November 28, 2023

## Staff Directory

**Dr. Jerome Singleton, Commissioner**

Jsingle@schsl.org  
803-798-0120

**Charlie Wentzky, Deputy Commissioner**

Charlie@schsl.org  
803-896-5251

**Amy Boozer, Associate Commissioner**

Amy@schsl.org  
803-896-4009

**Sarah Hayes, Associate Commissioner**

Sarah@schsl.org  
803-896-6955

**Dr. Curtrell Rhodan**

**Director of Educational Services**

Curtrell@schsl.org  
803-896-4271

**Tim Kinney**

**Director of Health, Safety, and Wellness**

Tim@schsl.org  
803-896-3891

**Romanda Noble-Watson**

**Director of Communications & Public Relations**

Romanda@schsl.org  
803-896-0417

**Cindi Drakeford, Director of Finance**

Cindi@schsl.org  
803-798-0120

**Deanna Lott, Director of Executive Affairs**

Deanna@schsl.org  
803-896-4377

**Keith Warren, Director of Technology**

Keith@schsl.org  
803-798-0120

**Jill White, Arbiter Booking Coordinator**

Jill@schsl.org  
803-896-9560

**Brooke Baker, Coordinator of Events/Office Manager**

Brooke@schsl.org  
803-798-0120

**Maoceisha Jenkins-Suber, Office Coordinator**

Maoceisha @schsl.org  
803-798-0120

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## Upcoming Events

**State Football Championship**

**Nov. 30, 2023 – Dec. 2, 2023**

**Principal, AD Meeting:**

**Dec. 5, 2023 – 9:00am**

**Leadership Summit: Dec. 14, 2023**

**Deadline -**

**Hardship Application for January Meeting**

**Dec. 19, 2023**

**SCHSL Office Closed - Holiday Break**

**Dec. 20, 2023 – Jan. 3, 2024**

**JOBS**

**For job openings around the  
SCHSL, visit [www.schsl.org/jobs](http://www.schsl.org/jobs)**

# CONGRATULATIONS

## 2023 FORTY UNDER 40



South Carolina High School League Executive Committee Member Julianne Lang (School Leader at Lowcountry Leadership Charter School) was featured in the Charleston Regional Business Journal's "Forty Under 40" in recognition of the impact she has made on the community. She is being featured in the print magazine issue.

CHARLESTON REGIONAL  
**BUSINESS**  
**JOURNAL**

# ANNOUNCEMENTS

## Constitution/By-Laws Proposal

Any proposals for amendments to the League's Constitution and /or Bylaws must be submitted to the Commissioner prior to **January 1, 2024**. The proposal may only be submitted by a principal or superintendent. Proposal submission forms can be found on the League's website in the AD Notebook section or by clicking the following link: <https://schsl.org/archives/2393>

If you have any questions, please contact Associate Commissioner, Amy Boozer at [Amy@schsl.org](mailto:Amy@schsl.org)

## Hardship Waiver Deadline

The South Carolina High School League's Executive Committee will meet on January 10, 2024, to hear appeals from member schools. This is an opportunity to seek eligibility for students. If your school wishes to submit an "Application for Hardship Exceptions," please submit the request to the Commissioner by Tuesday, **December 19, 2023**, so that you will have an opportunity to appeal the Commissioner's decision to the League's Executive Committee, if necessary.

Additional deadline information can be found on the League's website at [www.schsl.org](http://www.schsl.org). If you have any questions, please contact the League office at \*803) 798-0120.

## Out-of-Attendance-Area Students and 3.0 Multiplier

The SC High School League's Executive Committee approved the use of a 3.0 multiplier for out-of-attendance-area students to be applied in the 2024-2026 Reclassification/Realignment process.

The link below share details on how out-of-attendance-area students are determined and how the 3.0 multiplier is applied.

[Reclassification and Realignment PowerPoint](#)

# ANNOUNCEMENTS



The Spring Sports Rules Clinic dates are set. It is mandatory that all head coaches attend one of these clinics. All coaches must attend one of these clinics if they did not attend it at the SCACA Summer Conference.

Dates and locations are available at the following link: <https://schsl.org/archives/12535>.

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## Fall Sports Playoff Brackets

The updated 2023-24 Fall Sports Brackets are available on the SCHSL website. Brackets can be accessed under the brackets link on the SCHSL website, [www.schsl.org](http://www.schsl.org), or by clicking the following link: <https://schsl.org/brackets>.

For additional information on brackets please contact Romanda Noble-Watson, Director of Communications and Public Relations at [Romanda@schsl.org](mailto:Romanda@schsl.org).

# ANNOUNCEMENTS

## High School Principal/AD Webinar

The SCHSL will hold a virtual High School Principal/AD Webinar, next Tuesday, December 5, 2023, at 9 am.

The link for the webinar will be sent later this week.

For additional information or questions please contact Associate Commissioner Amy Boozer at [Amy@schsl.org](mailto:Amy@schsl.org).

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## Arbiter Reminders

Below, are some important reminders related to basketball and wrestling scheduling in Arbiter. Contact Jill White, SCHSL Arbiter Booking Coordinator, at [Jill@schsl.org](mailto:Jill@schsl.org) with any questions regarding scheduling. Please review the bullet points below and address any issues ASAP but before the start of the season.

- Please double check to make sure your basketball schedules are correct in Arbiter.
- Varsity games should be set to SCHSL 101800 for officials.
- Contact your local assigner to verify your Sub-Varsity games.
- When entering girls and boys games linked on the same day, please make sure the sites are the exact same.
- Contact your wrestling assigner to verify your matches.

# ANNOUNCEMENTS

## Upcoming State Finals



The SCHSL will hold its 2023 Football State Finals, November 30-December 2, 2023. The Finals will be held at the Oliver C. Dawson Stadium on the campus of South Carolina State University in Orangeburg, SC. Admission is \$15 per person, infant and toddler, if held in lap, are free.

Fans are encouraged to purchase digital tickets Go Fan at <https://gofan.co/app/school/SCHSL>.

There is clear bag policy for all spectators.

Upper State Teams are home.

### **SCHEDULE:**

Thursday, November 30: Class AA: 7:06 pm: Oceanside vs Gray Collegiate

Friday, December 1: Class A: 2:06 pm: Johnsonville vs Christ Church

Friday, December 1: Class AAAAA: 8:06 pm: White Knoll vs Dutch Fork

Saturday, December 2: Class AAAA: 12:06 pm: South Florence vs Westside

Saturday, December 2: Class AAA: 7:06 pm: Camden vs Daniel

For complete bracket of all classes visit [www.schsl.org](http://www.schsl.org)

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## Championship Merchandise

NW Designs will be selling official State Finals merchandise on-site at the Football State Finals. Fans can also purchase via their online store, which is accessible at <https://nwd.ink/s/schsl/>.

# ANNOUNCEMENTS

## Workshop Participants Spotlights



The SCHSL would like to highlight two of our workshop speakers current college student-athletes who competed at schools that are members of the SCHSL. Lauren Gordon, a track and field athlete at Coastal Carolina University (West Florence High School) spoke during the Middle School Summit. Lauren, a former SCHSL State Champion in the 400m hurdles, spoke about the importance of having intrinsic motivation and following through

During the Winter Captains Workshop, Nick Pringle, a major player for the University of Alabama men's basketball team (Whale Branch Early College High School), spoke on facing challenges and how to use tough situations as fuel for your success.

The League is intentional about the education of our student-athletes and we want you to know that giving back is essential to being your best self! We see you and we honor you! If you missed any of the Summits or Workshops you can find them on the SCHSL YouTube channel and you can always catch them in [Rewind](#) on the SCHSL website.

For additional information Director of Educational Services, Dr. Curtrell Rhodan at [Curtrell@schsl.org](mailto:Curtrell@schsl.org).



# FOR YOUR INFORMATION

## National Diabetes Awareness Month



November is National Diabetes Awareness Month and is a great time to spread awareness about the disease that affects millions of lives including student-athletes. According to the Centers for Disease Control (CDC) and Prevention, 37 million people have diabetes. That's 1 in every 10 people and 1 in 5 don't know they have diabetes. Additionally, 96 million adults (more than 1 in 3) have prediabetes. More than 8-in-10 adults don't know they have prediabetes. If you have prediabetes, losing weight by eating healthy and being more active can cut your risk of getting type 2 diabetes in half.

As we continue National Diabetes Awareness Month, here are some steps to take in the event of an athlete experiencing a type 1 diabetic emergency during athletics:

- **Immediate Assessment:** Quickly assess the athlete's condition by checking for signs of hypoglycemia, such as confusion, shakiness, or sweating.
- **Monitor Blood Glucose Levels:** Utilize a glucose meter.
- **Administer Glucose:** In the case of hypoglycemia, provide a rapid-acting source of glucose, such as glucose gel or tablets.
- **Contact Medical Professionals:** If the athlete's condition does not improve, contact emergency medical services immediately.
- **Ensure Follow-up Care:** After the emergency has been addressed, encourage the athlete to follow up with their healthcare provider.

For more information on immediate care: [Diabetes Care During Emergencies](#)



# FOR YOUR INFORMATION

## The Health Spot

### Diabetes Awareness Month

November is National Diabetes Awareness Month and is a great time to spread awareness about diabetes, a condition that affects millions of lives including student-athletes.

Knowledge is power: Learn the facts, know the signs, and share them. Education can save lives.

Stay active: Regular exercise helps manage and prevent diabetes. Make physical health a priority!

Healthy choices: A balanced diet can make a big difference when managing diabetes. Make nutritious choices

Support & Empathy: Reach out to those with diabetes to offer support and empathy.

Direct all questions for this section to Tim Kinney, Director of Health, Safety, and Wellness, at [Tim@schsl.org](mailto:Tim@schsl.org).

## Officials' Whistle

As we begin Winter Sports, we wanted to provide tips for your athletic department in creating a welcoming and safe environment indoors for the officials who work your games.

1) Have a designated person greet officials as they enter the facility and take them to their designated area. Be creative and get your student groups involved, members of other organizations within your school can assume this role.

2) Provide a neat and clean dressing area for your officials near a restroom if possible. This area should be large enough for them to meet before, during, and after contests. If you have both male and female officials, be sure to provide a separate space for changing.

3) Provide water to your officials during breaks in the contest.

4) During contests, be sure to handle inappropriate behavior by spectators swiftly.

**#BenchBadBehavior**

Direct all questions for this section to Associate Commissioner Sarah Hayes at [Sarah@schsl.org](mailto:Sarah@schsl.org).

## Tools for Success



SAAC is back and we are excited about it. We want the best and brightest from all over our great state to apply. Please be reminded that only one student-athlete can be nominated per school. Also, your nominee can be a rising junior or rising senior. Submit your nomination [here](#).

Direct all questions for this section to Director of Educational Services, Dr. Curtrell Rhodan at [Curtrell@schsl.org](mailto:Curtrell@schsl.org)