

Weekly E-Newsletter of the South Carolina High School League Romanda Noble-Watson, Editor

January 30, 2024

Staff Directory

Dr. Jerome Singleton, Commissioner

Jsingle@schsl.org 803-798-0120

Charlie Wentzky, Deputy Commissioner

Charlie@schsl.org 803-896-5251

Amy Boozer, Associate Commissioner

Amy@schsl.org 803-896-4009

Sarah Hayes, Associate Commissioner

Sarah@schsl.org 803-896-6955

Dr. Curtrell Rhodan

Director of Educational Services

Curtrell@schsl.org 803-896-4271

Tim Kinney

Director of Health, Safety, and Wellness

Tim@schsl.org 803-896-3891

Romanda Noble-Watson

Director of Communications & Public Relations

Romanda@schsl.org 803-896-0417

Cindi Drakeford, Director of Finance

Cindi@schsl.org 803-798-0120

Deanna Lott, Director of Executive Affairs

Deanna@schsl.org

803-896-4377

Keith Warren, Director of Technology

Keith@schsl.org 803-798-0120

Jill White, Arbiter Booking Coordinator

Jill@schsl.org 803-896-9560

Brooke Baker, Coordinator of Events/Office Manager

Brooke@schsl.org 803-798-0120

Maeoceisha Jenkins-Suber, Office Coordinator

Maeoceisha@schsl.org 803-798-0120

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Upcoming Events

Wrestling Qualifiers Due 9 a.m. Jan. 31, 2024

Wrestling Seeding Meeting Jan. 31, 2024

Schedules Due Lacrosse, Soccer, Baseball, Softball Feb. 1, 2024

Wrestling Playoffs Begin Feb. 3. 2024

Spring Sports Scrimmage Feb. 5. 2024



For job openings around the SCHSL, visit www.schsl.org/jobs

CONGRATULATIONS

Middle School Wrestling Regional Invitational Champions







Oakridge Middle School

The South Carolina High School League (SCHSL) hosted the Middle School Wrestling Regional Invitational, last Saturday, Jan. 27, 2024. Chesnee High School and North Central High School served as the host for the Invitationals.

Congratulations to Chester Middle School and Oakridge Middle School on capturing the 2023 SCHSL Middle School Wrestling Regional Invitational Titles.



CONGRATULATIONS

South Carolina Athletic Administrators Awards

The South Carolina Athletic Administrators Association (SCAAA) has announced the recipients of its 2023-2024 awards. The awards recognize individuals for their commitment and contributions to education-based interscholastic athletics.

Retired SCHSL Associate Commissioner Dru Nix and Retired SCHSL Athletic Assistant & Director of Technology Jan Hogan are among the recipients. Nix will receive the SCAAA Legacy Award while Hogan will receive the SCAAA Distinguished Service Award.

Addtionally, SCHSL Executive Committee Member Carlos Cave (Beaufort County School District) is a NIAAA Frank Kovaleski Professional Development Award Nominee.

The award winners will be celebrated during the SCAAA Spring Conference 2024 on Wednesday morning, March 13, 2024, at the Charleston Marriott.

<u>Click here</u> for complete release.



STATE FINAL INFORMATION

The South Carolina High School League (SCHSL) will host the 2024 Wrestling Duals next Saturday, February 10, 2024, at Dreher High School.

For Complete Information visit: https://schsl.org/archives/12788



2024 Wrestling Duals Playoffs

First and Second Round:	Third Round:
Saturday 2/3	Monday 2/5
2A	2A
3A	3A
4A	4A
5A	5A

Semi Finals:	State Finals:
Monday 2/7	Saturday 2/10
2A	2A 10:00am
3A	3A 12:00pm
4A	4A 3:00pm
5Δ	5A 5:00pm

ANNOUNCEMENTS

2024-26 Classification Regional Placements



The South Carolina High School League staff has finalized the region placement for all schools beginning with the 2024-2025 school year. The classification/region placements will be in effect for two years (2024-2026).

Additional information including the regional placements can be found at https://schsl.org/ archives/12827.



The Spring Sports Rules Clinic dates are set. It is mandatory that all head coaches attend one of these clinics. All coaches must attend one of these clinics if they did not attend it at the SCACA Summer Conference.

Dates and locations are available at the following link: https://schsl.org/archives/12535.

ANNOUNCEMENTS

Promote Positive Behavior

Positive behavior is important at contests to ensure student-athletes, coaches, and spectators all have a good experience at games.

The Bench Bad Behavior toolkit produced by the NFHS is a great resource for promoting positive behavior at contests throughout your athletic department and school.

A few tips for your school to use to Bench Bad Behavior at contests can be found in the Officials' Whistle Column on page 8. Be sure to download the Bench Bad Behavior toolkit from www.benchbadbehavior.com.

Sportsmanship: Know the Difference

Good Sportsmanship vs. Poor Sportsmanship

Examples of Good Sportsmanship

- Shaking hands
- High fives
- Encouraging words
- Staying Positive
- · Give Your Best
- Do not argue with teammates, coaches, and officials

Examples of Poor Sportsmanship

- Pouting
- Discouraging words
- Giving up
- Purposely disobeying rules
- Using violence
- Talking back to coach/official



ANNOUNCEMENTS

Arbiter Reminders

Below, are some important reminders related to wrestling and basketball scheduling in Arbiter. Please review the bullet points below and address any issues ASAP. Please double check to make sure your basketball schedules are correct in Arbiter.

<u>Click here</u> to access the Arbiter Help site. Once on the site, enter a couple of keywords in the search bar.

- Varsity games should be set to SCHSL 101800 for officials.
- Contact your local assigner to verify your Sub-Varsity games.
- When entering girls and boys games linked on the same day, please make sure the sites are the exact same.
- Contact your wrestling assigner to verify your matches.

Contact Jill White, SCHSL Arbiter Booking Coordinator, at Jill@schsl.org with any additional questions regarding scheduling.

Retiree Passes/Book Order Links

The links to order SCHSL Retiree Passes and Rules Books, Case Books, and Umpire Manuals are now available on the home page of the SCHSL website, www.schsl.org. The links can be found on the right side of the page under Quick Links. You can also access the pages by clicking below.

Retiree Pass Application Link
SCHSL Rules Books, Case Books, and Umpire Manuals

For additional information, contact Office Coordinator, Maeoceisha Jenkins-Suber at Maeoceisha@schsl.org

Winter Sports Brackets

The 2023-24 Winter Sports Brackets are available on the SCHSL website. Brackets can be accessed under the brackets link on the SCHSL website, www.schsl.org, or by clicking the following link: https://schsl.org/brackets

For additional information on brackets please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.

FOR YOUR INFORMATION

The Health Spot

HYPOTHERMIA

As we head into the winter months, it's important to understand how cold weather can affect our student-athletes. Hypothermia is when the body loses heat faster than it can generate it, resulting in a drop in core body temperature below the normal range of 95-98.6. Recognizing the signs and symptoms of hypothermia is crucial for coaches, student-athletes, and support staff to ensure prompt intervention. Key indicators include:

- Shivering
- Numbness
- Confusion
- Fatigue
- Slurred speech

If a student-athlete exhibits these signs, move them to a warm environment, remove wet clothing, and provide dry layers. Warm beverages and blankets should be used to raise the body temperature gradually, and professional medical attention should be sought if symptoms persist or worsen. For more information go to: CDC Hypothermia.

Direct all questions for this section to Director of Health, Safety, and Wellness, Tim Kinney atTim@schsl.org.

Below are a few tips for your school to use to Bench Bad Behavior at contests:

- 1. Official's are to ensure the integrity and safety of student-athletes on the floor or field, but it is the Administration's role at each contest to handle inappropriate behavior of spectators immediately. When you see a spectator getting out of hand, take care of it then and there. Remember, what you allow, you promote.
- 2. Be sure to have security present. You know your spectators, have the appropriate amount of security for your contests. (ie. rivalry games)
- 3. If you have a student section at your contests, be sure to set parameters for their behavior. Meet with students to establish baselines for behavior at contests.
- Positively cheer on your school's team
- Do not make negative or degrading remarks towards the officials or opposing team.

For additional questions concerning the Officials' Whistle contact Associate Commisioner Sarah Hayes at Sarah@schsl.org.

Officials' Whistle Tools for Success

The late Mahatma Gandhi once said "Be the change you wish to see in the world." This quote is essential for the state of high school athletics in South Carolina. Currently, we are seeing an uptick in ejections and unsportsmanlike conduct from spectators, coaches, and athletes. It's time to clean it up. Creating a positive environment starts with you. We, at the SCHSL, are here to help. Please invest your time by taking this free course on Sportsmanship. This course can arm you with the tools to create a culture of care while still maintaining a competitive edge. Please click the link below for access.

NFHS Sportsmanship Course

Direct all questions for this section to Director of Educational Services to Dr. Curtrell Rhodan at Curtrell@schsl.org