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Upcoming Events

Lacrosse Last Play Date: Apr. 11, 2024 Lacrosse Qualifiers Due: Apr. 11, 2024 Lacrosse Seeding: Apr. 12, 2024 Officials' Appreciation Week: Apr. 14-20, 2024 Lacrosse First Playoff Date: Apr. 16, 2024 Executive Committee Meeting: Apr. 17, 2024



For job openings around the SCHSL, visit www.schsl.org/jobs

CONGRATULATIONS

Student-Athlete of the Month



The SCHSL is pleased to announce the 2024 March Student-Athletes of the Month. Chloe Hudson of Rock Hill High School has been named the Girl's Student-Athlete of the Month and Zach Rogers of Lewisville High School has been named the Boy's Student-Athlete of the Month.

Hudson is a sophomore three-sport athlete at Lewisville. She is a member of the girls basketball, soccer and tennis teams. Academically, Hudson carries a 4.1 grade point average. The well-rounded student is a standout on the court and off. On the court she is a 2023-24 Class AAAAA All-State Player and a member of the Class AAAAA All Region Team (Region 3). Academically, she is a an A/B honor roll student and a mbember of the Beta Club.

Hudson is an active member of the FCA, and Jesus Biscuits. Her community involvement includes participating with Men on a Mission Community Clean-Up and the Oakland Baptist Church Community Service project. She also spends time mentoring with elementary schools. She has participated in the SCHSL Winter Sports Leadership Summit and is the team captain for both the Girls Basketball Team and Girls Soccer Team.

Rogers, is a junior four-sport athlete at Lewisville. He participates in football, wrestling, track and field and baseball. Academically, he carries a 4.58 grade point average and is ranked in the top 10 of his class. He is a member of the Beta Club and has also been selected to be a Junior Marshall this year.

Rogers athletic achievements include lettering in Varsity Football (3), Wrestling (1), Track and Field (3) and Baseball (2). Zach is a 2-time recipient of Defensive Back of the Year Award in Football. Zach has been invited and participated in many Carolina Coaches Combines across the state for football. This past January, he participated in the High School Blitz Junior Showcase, which featured the top Juniors in the state of South Carolina.

Rogers is part of the Lion Leadership program at Lewisville High School where he volunteers his time by going to read to elementary school students and also helping in the elementary school car line greeting kids on football gameday mornings. He also volunteers his time with the annual Harmony Baptist Church Sports Camp where he organizes drills for the youth and participates in daily devotional time as well.

Athletic Administrative Assistants Appreciation Day



RSVP Link

The SCHSL will host the Athletic Administrative Assistants Appreciation Day (A4 Day), **Wednesday**, **April 24**, **2024**, **at 10:00 AM** at the SCHSL Office (121 Westpark Blvd, Columbia, SC 29210). The A4 Day is for all high school Athletic Administrative Assistants (i.e., Athletic Department Assistant, Athletic Secretaries, etc.). The last day to RSVP is this **Friday**, **April 12**, **2024**.

Spring Sports Playoff Information

The brackets for the Spring Sports are now available on the SCHSL webpage. Brackets can be found at the following link: <u>https://schsl.org/brackets</u>.

2024 Lacrosse Championship Information

Below are the links to submit your 2024 lacrosse qualifiers and 2024 lacrosse playoff scores. Please be reminded that all scores should be submitted the night of the match to ensure the timely updating of the brackets.

Girls Lacrosse Qualifiers: Girls Lacrosse Qualifiers - <u>https://schsl.org/archives/10361</u> Boys Lacrosse Qualifiers: Boys Lacrosse Qualifiers - <u>https://schsl.org/archives/10359</u> Girls Lacrosse Playoff Scores: Girls Lacrosse Playoff Scores - <u>https://schsl.org/archives/10357</u> Boys Lacrosse Playoff Scores: Boys Lacrosse Playoff Scores - <u>https://schsl.org/archives/10355</u>

April 9, 2024

Multi-Sport Award Certification

The "Double Threat" award was launched to recognize those students in our member schools who letter in at least two varsity SCHSL sanctioned sports The deadline to submit selections for the Multi-Sport Award is **Monday, April 15, 2024**. The following criteria will be used for selection:

NOMINEES MUST MEET THE FOLLOWING STANDARD(S): Students must have lettered in TWO varsity sports during the 2023-24 school year. The two sports must be in separate seasons during the school year. Please list all athletes at the same time instead of having multiple list.

Multi-Sport Certification Form

Middle School Track & Field Regional Invitational



The SCHSL will hold its first ever Middle School Track and Field Individual Regional Invitational, Saturday, April 20, 2024, at Lugoff-Elgin High School in Lugoff, SC. The event is open to middle school students who are participating on a track and field team, whether for their middle school or at the high school.

The gates will open at 8:30 a.m. Tickets are \$10 (5 and under free), and can be purchased at www. gofan.co or at the gate. Park and enter the gate on the home side.

For complete information visit the following link: <u>https://schsl.org/archives/13312</u>.

Cheer Scales Review

The SCHSL will offer a scales review meeting with judges on Saturday, April 27, 2024, at the League Office for high school coaches. Sessions are divided into classifications. Times are listed on the registration. Sessions are limited to **2** coaches per high school due to the space availability of the conference room. Contact Associate Commissioner Amy Boozer, Amy@schsl.org with questions.

Scales Review Registration

SPRING SPORTS OFFICIALS' APPRECIATION WEEK (April 14-20, 2024)



Reminder: The Spring Sports Officials' Appreciation Week is next week, April 14-20, 2024. Show your appreciation to our officials throughout the State of South Carolina. Officials work to maintain the integrity of the sports they officiate and ensure student-athletes have a safe environment to play in. Without our officials, our student-athletes would not be able to enjoy the sports they love. So show your appreciation to the unsung heroes of interscholastic contests.

Participation in Spring Sports Officials' Appreciation Week can be as simple, or as extravagant as you want it to be. You can get your teams and student groups on campus to get involved. It is a great community project for student groups. Some ideas that you can use for Spring Sports Officials' Appreciation Week can be found in the Officials' Whistle Column on page 8.

We encourage you to submit pictures of your school and athletes showing appreciation to our officials by clicking: <u>Spring Sports Officials' Appreciation Week</u>



Important Upcoming Date



Note: The Football and Volleyball schedule for the upcoming season are due in Arbiter **Wednesday, May 1, 2024**.

Commissioner's Chat



Periodically, the South Carolina High School League's (SCHSL) Commissioner, Dr. Jerome Singleton, will sit down for a Commissioner's Chat to highlight the happenings in the SCHSL. <u>Click here</u> for the third installment of the Commissioner's Chat.

This is an abbreviated version which highlights the outcomes from the Legislative Assembly Meeting held in March.

April 9, 2024

FOR YOUR INFORMATION

The Health Spot

With the Fall open season right around the corner, below are a few health and safety reminders to consider before the student-athletes return:

- Check equipment for safety and functionality and make sure it is up to date with NOCSAE standards
- Ensure locker rooms, weight rooms, and showers are thoroughly cleaned and sanitized to avoid MRSA and related bacterial, viral, and skin infections
- For football, follow the spring practice acclimatization guidelines found in the rules and regulations: <u>https://schsl.org/archives/11391</u>
- Review, update, and practice your Emergency Action Plan
- Utilize a wet bulb globe thermometer to determine safe conditions
- Have a cold immersion tub readily available
- Make sure all athletes have a current physical on file

Direct all questions for this section to the Director of Health, Safety, and Wellness, Tim Kinney at Tim@schsl.org

Retiree Passes/Book Order Links

The links to order SCHSL Retiree Passes and Rules Books, Case Books, and Umpire Manuals are now available on the home page of the SCHSL website, www.schsl.org. The links can be found on the right side of the page under Quick Links. You can also access the pages by clicking below.

Retiree Pass Application Link

SCHSL Rules Books, Case Books, and Umpire Manuals

For additional information, contact Office Coordinator, Maeoceisha Jenkins-Suber at Maeoceisha@schsl.org

FOR YOUR INFORMATION

Ideas that you can use for Spring Sports **Officials' Appreciation Week**

- 1. Officials' appreciation week banners and signage on the fence, wall, etc., surrounding the contest playing area.
- 2. Gift cards/cookies/donuts/other items presented to the crew by both the home and visiting team.
- 3. Photos of the officiating crew with both teams and coaches prior to the start of the game (or at the end, depending on timing).
- 4. Read a PSA at the start of the game, thanking the crew for working the contest.
- 5. Student escorts of the crew onto the field/court/pitch.
- 6. "Thank you" cards, signed by the team and coaching staff.
- 7. Special appreciation signage in the officials' locker room.
- 8. Recorded "thank you" messages from student-athletes and coaches to officials, posted on social media.

For additional information concerning the Officials' Whistle contact Associate Commissioner Sarah Hayes at Sarah@ schsl.org.

Officials' Whistle Tools for Success

I MESSED UP, WHAT HAPPENS NOW?

As members of the SCHSL, our main job collectively is to educate our communities on how to develop, interact, and grow appropriately on and off the field. What happens when someone in our athletic community misses the mark or makes a bad decision? It is our responsibility to educate them on their next move. The best thing we can do is teach them accountability and give them the opportunity to restore what was damaged. Here are some steps toward restorative practice:

- 1. Acknowledge that an action was wrong.
- 2. Take accountability for the action.
- 3. Apologize to the person(s) who encountered the offense.
- 4. Create an action plan to restore what was damaged.
- 5. Reflect on what can be learned from the situation.
- 6. Commit to improving the area that triggered the negative response.
- 7. Forgive yourself and move forward.

Direct all questions for this section to the Director of Educational Services, Dr. Curtrell Rhodan at Curtrell@schsl.org



