

# TuesNews

Weekly E-Newsletter of the South Carolina High School League Romanda Noble-Watson, Editor

October 29, 2024

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#### **Upcoming Events**

Golf Championships Oct. 28, 2024 – Oct. 30, 2024

Girls Golf Sites...

5A - Division II: 10/28 & 29 Smithfields CC

4A - 10/28 & 29 Rose Hill GC

3A –10/28 & 29 Hackler GC (CCU)

2A - 10/28 & 29 Chester CC

5A - Division I: 10/29 & 30 Columbia CC

Executive Committee Special Called Meeting

Oct 30, 2024 – 9:30 a.m. (Virtual)

Nov. 9, 2024: Boys Volleyball Championships



For job openings around the SCHSL, visit <a href="https://www.schsl.org/jobs">www.schsl.org/jobs</a>

# CONGRATULATIONS



Congratulations to the South Carolina High School League Class AA President, and Fairfield Central High School Principal, Dr. Tracie Anderson Swilley, who was named the 2025 National Association of Secondary School Principals (NASSP) National Principal of the Year. The National Principal of the Year announcement came during a gala at NASSP's Illuminate celebration earlier this month.

Dr. Swilley commented in her acceptance speech, "This award is not just a reflection of my work, but a testament to the power of community, collaboration, and shared purpose." Dr. Swilley continued, "I am proud of the progress we have made, and it's only just begun. This honor belongs to us all. To the leaders everywhere, remember this, leadership is not about a title, but about service. It's about putting students at the center of everything we do, and never losing sight of the power that education has to change lives. I promise to hear you and use this platform to speak with and speak for you, and public education. Thank you for this incredible recognition."

Read more here.

# CONGRATULATIONS



Congratulations to the **Gray Collegiate Academy Chain Crew** (Michael Blankenship, Darrell Long, Renard Williams, and Dusty New, this week's SCHSL Chain Crew of the Week sponsored by Farm Bureau Insurance.

Each week, one of the nominated crews will be chosen and spotlighted with special vests for them to wear, along with a PA message for you to utilize during that week's game. We will also ask that their picture be taken in the Chain Crew of the Week vests and provided to the SCHSL office for use in the E-Weekly Newsletter, social media, and website recognition. If you have any questions about this initiative, please email Derek@schsl.org.

We encourage you to nominate your crew for this honor by filling out this form: <a href="https://form.jotform.com/222336706249053">https://form.jotform.com/222336706249053</a>.



#### **Public Notice Posted**

A Public Notice has been posted from the South Carolina High School League (SCHSL). The SCHSL Executive Committee will hold a virtual Special Called Meeting, Wednesday, October 30, 2024 at 9:30 am.

All public viewing will be done via live stream on the NFHS Network website: <a href="https://www.nfhsnetwork.com/events/schsl/evtf83c30d42c">https://www.nfhsnetwork.com/events/schsl/evtf83c30d42c</a>.

#### **Student-Athlete of the Month Deadline**



This Student-Athlete of the Month Award is presented monthly to one male and one female student-athlete who display excellence in the areas of academics, athletics, and leadership/community service. Students in grades 9-12 who attend SCHSL member schools are eligible to receive the award. Monthly award winners will receive recognition via social media, be featured on the SCHSL.org. website, and in TuesNews Weekly E-Newsletter.

The deadline to nominate for the October 2024 Student-Athlete of the Month is this **Thursday**, **October 31**, **2024**. The October 2024 SOTM will be announced on Tuesday, Nov. 5, 2024.

The link to nominate the student-athlete is below. Please be sure to include a high resolution head shot and an action shot of the nominee on the link.

For additional questions about the Student-Athlete of the Month, please contact the Director of Educational Services, Dr. Curtrell Rhodan at curtrell@schsl.org.

Student-Athlete of the Month Nomination Form

### **Fall Schedule Changes**

Due to the impacts from Hurricane Helene, the SCHSL Executive Committee has voted to make the below changes to the 2024 Fall State Final Schedule:

Boys Volleyball: Moved to November 9

Girls Volleyball: Moved to November 14 and 16 Girls Tennis (Team): Moved to November 16

Girls Tennis (Individuals): Moved to November 18-19

Football: Moved to December 12, 13, and 14.

All other Fall State Final dates will remain the same. Please note dates subject to change.

**Click here** to view Executive Committee Meeting

Click here to view Commissioner Singleton's Press Conference

### **Winter Sports Rules Clinic**

The 2024-25 Winter sports rules clinic is now available on Big Teams. The rules clinic will be available through this **Thursday**, **October 31**, **2024**.

## Sanctioning

Please be reminded that any event outside of regular season play, must be sanctioned by the SCHSL. Sanctioning requests must be submitted online. Additional information, including the sanctioning form can be found at the following link: **Sanctioning Information**.

Please direct all questions/concerns to Cindi C. Drakeford, Director of Finance at cindi@schsl. org.

### **2024 Girls Golf State Finals**



The SCHSL 2024 Girls Golf State Finals will run through Wednesday, October 30, 2024. The location for the Finals are listed below.

Check the link of each classification for specific details.

Classification	Date	Site	Host
<u>5A – Division II</u>	10/28 & 29	<b>Smithfields Country Club</b>	TL Hanna
<u>4A</u>	10/28 & 29	Rose Hill Golf Club	Hilton Head Island
<u>3A</u>	10/28 & 29	Hackler Golf Club (CCU)	Aynor
<u>2A</u>	10/28 & 29	<b>Chester Country Club</b>	Lewisville
<u>5A – Division I</u>	10/29 & 30	Columbia Country Club	River Bluff
Additional questions can be directed to Amy Boozer at Amy@schsl.org.			

### **State Finals Merchandise**

NW Designs will be selling official championship merchandise on-site at the Girls Golf State Finals. Fans can also purchase merchandise via their online store, which is accessible at <a href="https://nwd.ink/s/schsl/swimming-state-championships/">https://nwd.ink/s/schsl/swimming-state-championships/</a>.

## Fall Sports Playoff Brackets

The updated 2024-25 Fall Sports Brackets are available on the SCHSL website. Brackets can be accessed under the brackets link on the SCHSL website, www.schsl.org, or by clicking the following link: https://schsl.org/brackets.

For additional information on brackets please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.

### **Playoff Score Reporting**

In order for the timely updating of the playoff brackets, playoff scores should be entered on the score reporting forms following the contest. The links are below and are also listed on the Forms link on the SCHSL website.

For additional information or questions, please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.

Volleyball Score Reporting: <a href="https://schsl.org/archives/9107">https://schsl.org/archives/9107</a> Girl's Tennis Score Reporting: https://schsl.org/archives/9111 Football Score Reporting: <a href="https://schsl.org/archives/9113">https://schsl.org/archives/9113</a>

### Media/School Credential Link

The 2024-25 SCHSL Media & School Credential Links for upcoming championships can be found under the Communications tab on the SCHSL website, www.schsl.org. Below are the credential request windows for the remaining Fall Championships. Each school is alotted up to two (2) credentials for members of the yearbook staff, school media staff, etc. The credential is not for team managers, team videographers, or local media.

Nov. 9: Boys Volleyball State Finals – Saturday, Nov. 2 - Wednesday Nov. 6 (3 PM)

Nov. 14 & 16: Girls Volleyball State Finals – Thursday, Nov. 7- Monday, Nov. 11 (3 PM)

Nov. 16: Girls Tennis State Finals – Saturday, Nov. 9 - Wednesday Nov. 13 (3 PM)

Nov. 21-22: Cross Country State Finals – Thursday, Nov. 14- Tuesday, Nov. 19 (3 PM)

Nov. 23: Competitive Cheer State Finals – Saturday, Nov. 16- Wednesday, Nov. 20 (3 PM)

Dec 12-14: Football State Finals – Thursday, Dec. 5- Monday, Dec. 9 (3 PM)

### **2024 Health Summit Recap**



This year's Health Summit was one of the most impactful events we've ever hosted. The topics discussed resonated deeply with many of our student-athletes. Our first speaker, LaQuanna Jackson, addressed the dangers of vaping, highlighting how it impairs athletic performance and can lead to addiction, particularly in the developing brains of adolescents. Following her was Caitlin Hart who shared insights into the career of an athletic trainer and emphasized the importance of proper nutrition to help student-athletes reach their full potential. She also expressed her passion for student-athlete health and wellness, offering valuable resources. Our final speaker, Xavier Hill, a college counselor from the University North Florida, explained the science of staying calm under pressure. He provided practical tools for student-athletes to use when they need to stay focused.

This summit was truly memorable. Student-athletes from across the state were engaged and interactive, asking thoughtful questions that challenged our speakers. Schools that participated should be proud of the curiosity and engagement shown by their student-athletes. For those who missed it, the SCHSL staff encourages you to take advantage of this excellent resource.

The education of our student-athletes is just as important as their performance in competitions. We encourage you to take advantage of the valuable resources shared by our speakers at the Health Summit. Their insights are truly invaluable. Consider setting aside time to watch the Health Summit video, whether during a rainy day or a study hall session—it's well worth it! The resources can be found in the Tools for Success section on page 14. Click the link below for the 2024 Health Summit Video.

2024 Health Summit Video

#### **Breast Cancer Awareness**

This week, we close out Breast Cancer Awareness Month.

According to the National Breast Cancer Foundation, Inc., **1 in 8** women in the United States will be diagnosed with breast cancer in her lifetime. In 2024, an estimated **310,720 women and 2,800** men will be diagnosed with invasive breast cancer.

Awareness of the facts and statistics surrounding breast cancer in the United States is key in empowering individuals to make informed decisions about their health.

For additional information visit <a href="https://www.nationalbreastcancer.org/breast-cancer-facts/">https://www.nationalbreastcancer.org/breast-cancer-facts/</a>.



# Carolina Panthers Charities Offering High School Athletics Disaster Relief Grants

In the wake of Hurricane Helene, Carolina Panthers Charities is offering a grant application process to assist high school athletic programs in North and South Carolina. Grant funding will be considered for qualifying applications for the replacement or repair of athletic equipment and athletic infrastructure which was lost/damaged due to Hurricane Helene and subsequent flooding.

High school athletic programs have the opportunity to apply for project grant funding ranging from \$5,000 - \$25,000. Funding decisions will be made on a case-by-case basis with a focus on serving the greatest needs.

Please see the below application should your school have an interest in applying. Applications are due this Friday, November 1, 2024.

The Carolina Panthers know recovery will be a long-term process for many, but that high school athletics will play a key role in the return to normalcy for communities in our region. Thank you for all that you do to serve your community through high school athletics.

**Carolina Panthers Grant** 

### **Commissioner's Chat & Beyond**



There has been a name change in the Commissioner's Chat, it will now be known as Commissioner's Chat and Beyond. The periodic conversation will feature not only Commissioner Singleton, but members of the SCHSL Staff who will give updates and highlights from their respective department.

Below is the first Commissioner's Chat and Beyond for the 2024-25 School Year. This video can also be viewed on the Rewind link found on the SCHSL website.

**Commissioner's Chat and Beyond** 

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#### **Book Orders**

The 2024-25 Fall sports rule books and scorebooks are now available for purchase. The Winter & Spring sports rule books will be available later this month.

Please allow 5-7 business days from the order date to receive your item. You may still place orders even if an item is unavailable, and the item will be sent immediately upon availability.

The links to order all books, including the SCHSL Rule Books, Case Books, and Umpire Manuals, are available on the home page of the SCHSL website, www.schsl.org. The links are located on the right side of the page under Quick Links. You can also access the page by clicking below.

SCHSL Rules Books, Case Books, and Umpire Manuals

For questions or issues with the system, contact Office Coordinator Maeoceisha Jenkins-Suber at Maeoceisha@schsl.org or 803-896-5573.

## Sanctioning

Please be reminded that any event outside of regular season play, must be sanctioned by the SCHSL. Sanctioning requests must be submitted online. Additional information, including the sanctioning form can be found at the following link: **Sanctioning Information**.

Please direct all questions/concerns to Cindi C. Drakeford, Director of Finance at cindi@schsl. org.

### **Jamboree Financial Forms Due**

**Reminder:** If your school hosts a jamboree for any sport, a jamboree financial statement must be completed and sent to the League within 15 days of the event. All financial forms are located on the SCHSL website by sports season. A link to the jamboree financial form can be found here: **Jamboree Information**.

Please direct all questions/concerns to Cindi C. Drakeford, Director of Finance at cindi@schsl. org.

### 2024-25 League Pass

The instructions on how to download the 2024-25 SCHSL League Pass has been emailed to Superintendents and Principals. If you have not received a link to download a pass, please see the appropriate individuals.

Additionally, please be reminded that in order to upload a photo, you must first download the pass. If you have any questions, contact Keith Warren, Director of Technology at keith@schsl. org.

#### **Retiree Pass Information**

**Retiree Passes:** The conversion of the new digital system is complete. New retirees and those with retiree passes that contain an expiration date should fill out the form at the link below to obtain a pass.

Individuals with a retiree pass denoting *Lifetime* under the issued date (see image below) do not need to request a new pass. Schools are to accept these passes for all League sponsored contests

**Retiree Pass Link** 



## **MaxPreps Stats Widget**



The SCHSL is introducing MaxPreps stats leaderboards to the association website! The widgets are available on the respective sports page on the SCHSL website at www.schsl.org. An email was sent to the High School Principals on September 6, 2024.

We are encouraging all coaches to enter stats information on the MaxPreps website after each game to highlight your team's and athletes' accomplishments throughout the season. This stats leaderboard also will be a great resource to our high school community.

If you need access to your team account, please contact MaxPreps SCHSL rep Aaron Hendricks at ahendricks@maxpreps.com.

You can also download the MaxPreps app to help keep your information updated.

### **Jostens Free Shipping Promotion**

South Carolina High School League (SCHSL) sponsor, Jostens, is offerring a free shipping promotion to member schools.

For a limited time only, receive FREE SHIPPING when you order any three mats (any size or style).\* Deck out your school with a variety of branded mats that put your official mascot on full display. Don't wait — use code MATSFA25 by October 31! Contact your Jostens representative for more information.

> OFFER VALID: 10/1/2024 - 10/31/2024 PROMO CODE: MATSFA25

\*MATSFA25 – Free shipping when purchasing any three mats and shipping to one location. Discount will automatically be deducted for eligible orders on the applicable product only after offer code is applied. Valid 12:01 am ET on October 1, 2024 through 11:59 pm ET on October 31, 2024. Offer subject to adjustment due to returns, cancellations and exchanges. EXCLUDES previous purchases. Discount will not be applied to taxes, applicable shipping/handling and other fees. Not valid with any other offers. Limit one promo code per offer. Not valid for cash or cash equivalent. For orders outside the US, additional taxes and duties may apply. Offer may be modified or discontinued at any time without notice. ©2024 Jostens, Inc.

## FOR YOUR INFORMATION

## The Health Spot

#### **National Diabetes Awareness Month**

November is National Diabetes Month, a time to raise awareness about the impact of diabetes on millions of Americans and promote healthy habits that can help prevent it. Nearly 38.4 million people in the U.S. have diabetes, and around 1 in 5 of them don't even know they have it. Diabetes is not just a concern for adults; young people are also at risk. Type 1 diabetes, which is often diagnosed in children and teens, is an autoimmune condition, while Type 2 diabetes—more commonly linked to lifestyle factors—has been increasing among youth in recent years.

For high school athletes, maintaining a healthy lifestyle is essential to perform at their best and to lower the risk of developing Type 2 diabetes. Exercise, proper nutrition, and regular health check-ups can all play a role in preventing diabetes and managing blood sugar levels. During National Diabetes Month, take the time to focus on building lifelong habits that support overall health and reduce the risks of diabetes and other chronic diseases.

For additional information, frequently asked questions and statistics visit <a href="https://diabetes.org/">https://diabetes.org/</a>.

Direct all questions for this section to Tim Kinney, Director of Health, Safety, and Wellness, at Tim@schsl.org.

### Officials' Whistle Tools for Success

The Bench Bad Behavior Toolkit has been updated just in time for the winter season.

Download today at <a href="https://www.benchbadbehavior.com">www.benchbadbehavior.com</a> to take advantage of the resources available to help promote positive behavior by all stakeholders at contests so that everyone can enjoy the high school sporting events that we love.

#### #BenchBadBehavior

Direct all questions for this section to Associate Commissioner Sarah Hayes at Sarah@schsl.org.



#### **Health Summit Resources**

#### LaQuanna Jackson

Youth Prevention Coordinator Phone: 803-868-2283 Tobacco Quitline 1-800-QUIT-NOW www.guitthehitnow.com

#### Caitlin Hart MS, LAT, ATC

Newberry High School Head Athletic Trainer
Athletic Training interest workshop cNutritional
Clock: ontact: Chart@sdnc.org

#### Xavier Hill MS, RMHCI

University of North Florida Mental Health Counselor xaviermhill@gmail.com

4 Powerful Ways Mindfulness Encourages Peak Performance

What Coaches Need to Know About Mental Health NCAA Mental Health Resources

Direct all questions for this section to Dr. Curtrell Rhodan, Director of Educational Services at Curtrell@schsl.org.

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