

TuesNews

Weekly E-Newsletter of the South Carolina High School League Romanda Noble-Watson, Editor

November 19, 2024

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Inside This Issue

Staff Directory	1
Upcoming Events	1
Congratulations	2-7
SCHSL Announcements	8-15
For Your Information	16

Upcoming Events

Cross Country Championships Nov. 21, 2024 – Nov. 22, 2024

Competitive Cheer Championships: Nov. 23, 2024

SCHSL Office Closed - Thanksgiving Nov. 27, 2024 - Nov. 29, 2024

Football Press Conferences: Dec. 10, 2024 9:30 AM (Class A, Class 2A, and Class 5A - Division I) 11:30 AM (Class 3A, 4A, and Class 5A - Division II)

Football Championships

Dec. 12, 2024 – Dec. 14, 2024



For job openings around the SCHSL, visit www.schsl.org/jobs

2024 Girls Tennis and Girls Volleyball State Championships Recap

Last Saturday, November 16, 2024, the SCHSL held its 2024 Girls Tennis and Girls Volleyball State Championships. Additionally, there was one Girls Volleyball State Championship played on Thursday, November 14, 2024. The Girls Tennis State Championships were held at the Cayce Tennis and Fittness Center, while the Girls Volleyball State Championships were held at Dreher High School. After the last ball was served and the last whistle was blown, five girls tennis teams and six girls volleyball teams were crowned champions.

2024 GIRLS TENNIS STATE CHAMPIONS

Class AA: Academic Magnet High School Class AAA: Oceanside Collegiate Academy Class AAAA: Bishop England High School Class AAAAA-Division 1: Wando High School

Class AAAAA-Division 2: Lucy Beckham High School



2024 GIRLS VOLLEYBALL STATE CHAMPIONS

Class A: Lewisville High School Class AA: North Central High School Class AAA: Powdersville High School Class AAAA: Pickens High School

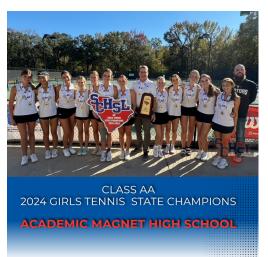
Class AAAAA-Division 1: Dorman High School

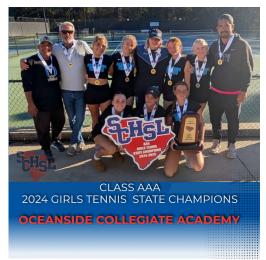
Class AAAAA-Division 2: North Myrtle Beach High School



See pages, 3-5 for images of the State Champions.

2024 SCHSL GIRLS TENNIS STATE CHAMPIONS

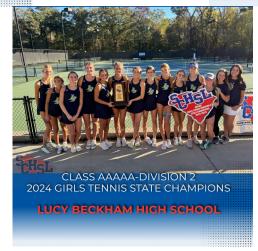












2024 SCHSL GIRLS VOLLEYBALL CHAMPIONS

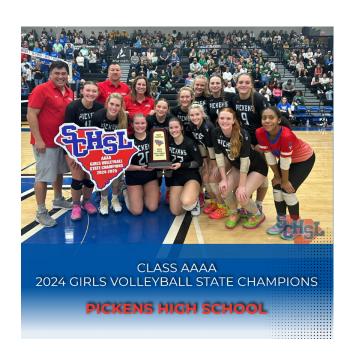




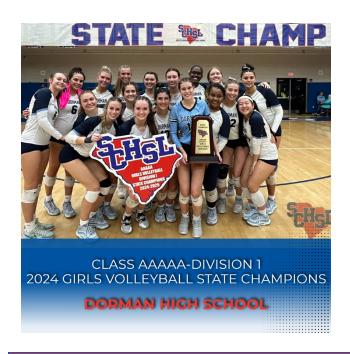




2024 SCHSL GIRLS VOLLEYBALL CHAMPIONS









Girls Student-Athlete of the Month



The SCHSL is pleased to announce the Girls October 2024 Student-Athlete of the Month, Emma Ashley of Westwood High School.

Emma has been the Cross-Country School Record-Holder for Westwood since her seventh grade year. She is also a three-time Cross-Country Individual Region Champion in years 2019, 2021, 2022. Emma has received Cross-Country AAAA All State Honors in 2019 (12th), 2020 (10th), and 2022 (5th). She just missed the mark in 2021, finishing in 17th place in the AAAA State Championship. Emma is the reigning five-time team Most Valuable Player for Westwood (2019-2023).

Even while juggling her sports and valedictorian status, Emma still found time to serve as a volunteer organizer for Transitions Homeless Shelter 5K and Fun Run, for the Summer 2023. Westwood has hosted the event during the Summer since 2022.

Emma is the Team Captain for the Cross-Country team, part of Village Church Youth Group, a member of Westwood's Fellowship of Christian Athletes (FCA). She also volunteers for Resurrections Lunch Service in Downtown Columbia with the Blythewood Thunderhawks Softball program.

Boys Student-Athlete of the Month



The SCHSL is pleased to announce the Boys October 2024 Student-Athlete of the Month, Wyatt Krashner of Riverwalk Academy.

Wyatt is one of the athletes who has been chosen to serve on the SCHSL Student-Athlete Advisory Council (SAAC). He works tirelessly to improve his community and school by completing community projects, such as canned food drives and campus clean-ups.

As this is Wyatt's third year as Captain of Riverwalk's Swim Team, his leadership in practice, at meets, and in the swim community is unmatched. Without being told, he makes sure teammates warm-up properly for meets, are at their appropriate event and heat, and ready to go. He speaks with his teammates and encourages them before their events to be their best.

In his off-time from swimming, Wyatt is a lifeguard at the local YMCA. He enjoys music, especially AJR (his favorite band). He spends much of his spare time with his family, particularly with his twin brother, and his friends.

Officials' Spotlight

Throughout the year, we will shine the spotlight on the unsung heroes of high school sports, our officials. We will profile officials from different sports so that you can get to know them and why they do what they do.

This month we spotlight Robert Compton - Swim Official & District 2 Director.



- 1) How long have you been an official in the SCHSL? I just finished my 6th year.
- 2) What sports do you currently officiate? Swimming
- 3) Is officiating your full-time job? If not, what is your profession?

My full-time job is as a principal.

4) Why are you a high school official?

I began my journey as a swim official in 2014 when my daughter first started swimming at the age of six. By the time she joined the local high school team as a seventh

grader, I decided to pursue certification with the South Carolina High School League (SCHSL), allowing me to officiate at high school meets. From that very first season, I was hooked. The energy and excitement felt at SCHSL high school meets create an incredible atmosphere, and being on the pool deck is genuinely rewarding. The enthusiasm of the student-athletes makes it a joy to be part of their competitive experience.

But beyond the excitement, I officiate because I truly love the sport and am dedicated to ensuring fair, well-run competitions. This role gives me the opportunity to give back to a sport I'm passionate about, all while supporting student-athletes on their journeys.



Constitution/By-Laws Proposal

Any proposals for amendments to the League's Constitution and/or Bylaws must be submitted to the Commissioner prior to **January 1**, **2025**. The proposal may only be submitted by a principal or superintendent. Proposal submission forms can be found on the League's website in the AD Notebook section or by clicking the following link: https://schsl.org/archives/2393.

If you have any questions, please contact Associate Commissioner, Amy Boozer at Amy@schsl. org

Playoff Score Reporting

In order for the timely updating of the playoff brackets, playoff scores should be entered on the score reporting form following the contest. The link is below and is also listed on the Forms link on the SCHSL website.

For additional information or questions, please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.

Football Score Reporting: https://schsl.org/archives/9113

Media/School Credential Link

The 2024-25 SCHSL Media & School Credential Links for upcoming championships can be found under the Communications tab on the SCHSL website. You can also find the credential request link here: https://secure.sportssystems.com/events2/credapp.cfm. Below are the credential request windows for the remaining Fall Championships. Each school is allotted up to two (2) credentials for members of the yearbook staff, school media staff, etc. The credential is not for team managers, team videographers, or local media.

Nov. 23: Competitive Cheer State Finals – Saturday, Nov. 16- Wednesday, Nov. 20 (3 PM) Dec 12-14: Football State Finals – Thursday, Dec. 5- Monday, Dec. 9 (3 PM)

2024 Cross-Country State Finals



The SCHSL will hold its 2024 Cross-Country State Finals, presented by Komatsu, this Thursday-Friday, November 21-22, 2024. The Finals will be held at the Newberry College Cross Country Course, 7556 State Highway 219, Newberry, SC 29108.

Admission is \$5 per person. Tickets are available at <u>gofan.co</u>, and cash will be accepted onsite. Parking is free. There will be a parking map available on the link below.

2024 CROSS-COUNTRY SCHEDULE

Thursday 11/21: 9:00 am - AAAAA-Division 1; 11:00 am - AAAAA-Division 2; 1:00 pm - AAA

Friday 11/22: 9:00 am - AAAA; 11:00 am -AA; 1:00 pm - A

Additional information can be found at https://schsl.org/archives/14563.

Cross-Country State Finals Merchandise

NW Designs will be selling official championship merchandise on-site at the Cross-Country State Finals. Fans can also purchase merchandise via their online store, which is accessible at https://nwd.ink/s/schsl/cross-country-state-championships/.

2024 Competitive Cheer State Finals



The SCHSL will hold its 2024 Competitive Cheer State Finals, this Saturday, November 23, 2024. The Finals will be held at the Colonial Life Arena, 801 Lincoln St, Columbia, SC 29201.

Admission is \$15 per person (3 and under are admitted free; no re-entry without a ticket). Tickets will be available at <u>ticketmaster</u> and at the Colonial Life Arena box office the day of the State Finals. Colonial Life Arena has a clear bag policy. Doors open at 10:15 AM. Spectators must enter the Colonial Life Arena at the main entrance located on the corner of Lincoln St. and Greene St.

Additional information will be available on the Competitive Cheer page on the SCHSL website by Thursday, November 21, 2024.

2024 COMPETITIVE CHEER SCHEDULE:

November 23, 2024:

Session 1 Starts at 11:00 am: Classes AAA and AAAAA - Division 1 Session 2 Starts at 2:30 pm: Classes AAAA and AAAAA - Division 2

Competitive Cheer State Finals Merchandise

NW Designs will be selling official championship merchandise on-site at the Competitive Cheer State Finals. Fans can also purchase merchandise via their online store, which is accessible at https://nwd.ink/s/schsl/competitive-cheer-state-championships/.

Arbiter Reminders

Below, are some important reminders related to basketball and wrestling scheduling in Arbiter. Contact Jill White, SCHSL Arbiter Booking Coordinator, at Jill@schsl.org with any questions regarding scheduling. Please review the bullet points below and address any issues ASAP.

- Varsity games should be set to SCHSL 101800 for officials.
- Girls and boys games are linked for officials to be assigned, please verify the times match and the sites are the exact same.
- Schools should not make any changes to schedules in Arbiter. Varsity game changes and updates should be emailed to Jill@schsl.org.
- Contact your local assigner to verify your Sub-Varsity games.
- Contact your wrestling assigner to verify your matches.



Once again this season, the SCHSL is partnering with Farm Bureau Insurance of South Carolina to celebrate postseason football. The playoff brackets, presented by Farm Bureau Insurance, are posted on the SCHSL website for all five classifications.

Be sure to follow @SCHSL on X, formerly known as Twitter, for the Farm Bureau Insurance Full Coverage Scoreboard. We'll be posting scores of every playoff game, from the opening round to the State Finals in Orangeburg.

We encourage schools to use the hashtag #FullCoverageScoreboard and tag @SCHSL when they post scores of games on their social media platforms. The SCHSL would like to say thanks to Farm Bureau Insurance of South Carolina for their support of SCHSL football these past six years!

TuesNews November 19, 2024 www.schsl.org

12

Book Orders

The 2025 Spring Sports Rule & Case Books are now available for purchase on the SCHSL Shopify store, available at the link below. You can also access the store on the SCHSL website, www.schsl.org. The store link is located on the right side of the page under Quick Links.

Please allow 5-7 business days from the order date to receive your item. If an item is out of stock, you may still place the order and the item will be sent immediately upon availability.

SCHSL Rules Books and Case Books

For questions or issues with the system, contact Office Coordinator Maeoceisha Jenkins-Suber at Maeoceisha@schsl.org or 803-896-5573.

Sanctioning

Please be reminded that any event outside of regular season play, must be sanctioned by the SCHSL. Sanctioning requests must be submitted online. Additional information, including the sanctioning form can be found at the following link: **Sanctioning Information**.

Please direct all questions/concerns to Cindi C. Drakeford, Director of Finance at cindi@schsl. org.

Playoff Financial Forms Due

Reminder: If your school hosts a volleyball or football playoff game a playoff financial statement must be completed and sent to the League Office within 15 days of the event. All financial forms are located on the SCHSL website at the following link: **Financial Forms**. The financial forms are mid-way down on the link.

Please direct all questions/concerns to Cindi C. Drakeford, Director of Finance at cindi@schsl. org.

13

Commissioner's Chat & Beyond



There has been a name change in the Commissioner's Chat, it will now be known as Commissioner's Chat and Beyond. The periodic conversation will feature not only Commissioner Singleton, but members of the SCHSL Staff who will give updates and highlights from their respective department.

Below is the link for the first Commissioner's Chat and Beyond for the 2024-25 School Year. This video can also be viewed on the Rewind link found on the SCHSL website.

Commissioner's Chat and Beyond

MaxPreps Stats Widget



The SCHSL is introducing MaxPreps stats leaderboards to the association website! The widgets are available on the respective sports page on the SCHSL website at www.schsl.org. An email was sent to the High School Principals on September 6, 2024.

We are encouraging all coaches to enter stats information on the MaxPreps website after each game to highlight your team's and athletes' accomplishments throughout the season. This stats leaderboard also will be a great resource to our high school community.

If you need access to your team account, please contact MaxPreps SCHSL rep Aaron Hendricks at ahendricks@maxpreps.com.

You can also download the MaxPreps app to help keep your information updated.

2024-25 League Pass

The instructions on how to download the 2024-25 SCHSL League Pass was emailed to Superintendents and Principals earlier this fall. If you have not received a link to download a pass, please see the appropriate individuals.

Additionally, please be reminded that in order to upload a photo, you must first download the pass. If you have any questions, contact Keith Warren, Director of Technology at keith@schsl. org.

Retiree Pass Information

Retiree Passes: New retirees and those with retiree passes that contain an expiration date should fill out the form at the link below to obtain a pass.

Individuals with a retiree pass denoting *Lifetime* under the issued date (see image below) do not need to request a new pass. Schools are to accept these passes for all League sponsored contests.

Retiree Pass Link



FOR YOUR INFORMATION

The Health Spot

National Diabetes Awareness Month

Proper nutrition is vital for athletes, and for those managing diabetes, it's a key component of maintaining peak performance and blood sugar stability. Planning meals and snacks around workouts and competitions helps athletes balance their energy needs with glucose control. Carbohydrates are a critical fuel source, but understanding how to pair them with protein and healthy fats can prevent blood sugar spikes and crashes. For example, a pre-game meal might include whole-grain pasta, lean protein, and vegetables, while in-game snacks such as fruit or sports drinks can provide quick energy and prevent hypoglycemia.

Post-game recovery is equally important. Athletes with diabetes should focus on replenishing glycogen stores and repairing muscles with a combination of protein and carbs, such as a turkey sandwich on whole-grain bread or a smoothie with fruit and yogurt. Monitoring blood sugar levels before, during, and after physical activity is essential to properly adjust food intake and insulin levels as needed. By creating a tailored nutrition plan, athletes with diabetes can compete at their best while keeping their health in check.

Direct all questions for this section to Tim Kinney, Director of Health, Safety, and Wellness, at Tim@schsl. org.

Officials' Whistle Tools for Success

As we begin Winter Sports, we wanted to provide tips for your athletic department in creating a welcoming and safe environment indoors for the officials who work your games.

- 1) Have a designated person greet officials as they enter the facility and take them to their designated area. Be creative and get your student groups involved, members of other organizations within your school can assume this role.
- 2) Provide a neat and clean dressing area for your officials near a restroom if possible. This area should be large enough for them to meet before, during, and after contests. If you have both male and female officials, be sure to provide a separate space for changing.
- 3) Provide water to your officials during breaks in the contest.
- 4) During contests, be sure to handle inappropriate behavior by spectators swiftly.

#BenchBadBehavior

Direct all questions for this section to Associate Commissioner Sarah Hayes at Sarah@schsl. org.

SCHSL SAAC Nominations Re-opened

The SCHSL is reopening nominations for the Student Athlete Advisory Council (SAAC) to the membership and extending the deadline until **November 26**, **2024**.

This extension aims to ensure that all classifications have the opportunity to be represented on the council.

SAAC offers student-athletes the chance to engage in interscholastic sports by focusing on sportsmanship, leadership, and community service development.

Please take a moment to nominate one student-athlete leader from your school (link below).

Thank you for your time and participation.

Nomination Link

Direct all questions for this section to Director of Educational Services, Dr. Curtrell Rhodan at Curtrell@schsl.org.