



Tues News

Weekly E-Newsletter of the South Carolina High School League

October 21, 2025

Sponsored by MUSCO Lighting

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Inside This Issue

Staff Directory	1
Upcoming Events	1
SCHSL Announcements	2-10
For Your Information	11-12

Upcoming Events

Winter Rules Meeting at West Florence
Oct. 21, 2025 – 6:00 pm

Winter Rules Meeting at SCHSL Office
Oct. 22, 2025 – 5:00 pm

Middle School Volleyball Invitational
Oct. 25, 2025 – 9:00 am

Girls Golf State Finals
Oct. 27, 2025 – Oct. 28, 2025

Boys Volleyball Virtual Press Conference
Oct. 30, 2025 – 10:00 am



**For job openings around the
SCHSL, visit www.schsl.org/jobs**

ANNOUNCEMENTS

2025 Health Summit



The South Carolina High School League is committed to prioritizing the health and well-being of our student-athletes. To address some of the most pressing challenges high school students face today, we are proud to present the SCHSL Health Summit, designed to provide valuable resources and strategies for achieving optimal health and wellness.

This year's summit will focus on three critical areas:

- Mental Wellness On and Off the Field
- Staying Healthy and Injury-Free
- Sports Psychology

The virtual summit will take place on Thursday, October 23, 2025, at 10:00 a.m., and will last approximately one hour. The session will feature dynamic speakers who will share practical insights and expertise, followed by an engaging Q&A segment. Click the link below to register for this amazing summit!

[Health Summit Registration](#)

Please direct any question to Dr. Curtrell Rhodan, Director of Educational Services, at curtrell@schsl.org or (803) 798-0120.

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Breast Cancer Awareness

According to the National Breast Cancer Foundation, Inc., **1 in 8** women in the United States will be diagnosed with breast cancer in her lifetime. In 2025, an estimated **316,950 women and 2,800 men** will be diagnosed with invasive breast cancer, and an additional 59,080 new cases of non-invasive breast cancer will be diagnosed.

Awareness of the facts and statistics surrounding breast cancer in the United States is key in empowering individuals to make informed decisions about their health.

For additional information visit <https://www.nationalbreastcancer.org/breast-cancer-facts/>.



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Middle School Volleyball Regional Invitational



The Middle School Volleyball Invitational application is now open! All SCHSL member middle schools are encouraged to apply for this year's event, which will be hosted at Airport High School, Ninety Six High School, and Westside High School, with Lakewood High School serving as a potential additional site.

Note: The application deadline is **today, Tuesday, October 21, 2025**. **No late entries will be accepted.**

Please submit your application at the following link: [2025 SCHSL Middle School VB Invitational Application](#).

We look forward to your participation and another exciting year of middle school volleyball.

Direct all questions pertaining to the Middle School Volleyball Regional Invitational to Dr. Lenard Hudnal, Assistant Commissioner for Middle School Athletics, at Lenard@schsl.org.

Fall Sports Playoff Brackets

The updated 2025 Fall Sports Brackets are available on the SCHSL website. Brackets can be accessed under the brackets link on the SCHSL website, www.schsl.org, or by clicking the following link: <https://schsl.org/brackets>.

For additional information on brackets please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.

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Playoff Score Reporting

In order for the timely updating of the playoff brackets, playoff scores should be entered on the score reporting forms following the contest. The links are below and are also listed on the Forms link on the SCHSL website.

For additional information or questions, please contact Romanda Noble-Watson, Director of Communications and Public Relations at Romanda@schsl.org.

Volleyball Score Reporting: <https://schsl.org/archives/9107>

Girl's Tennis Score Reporting: <https://schsl.org/archives/9111>

Notification of Entry Deadlines

The notification of entry for the competitive cheer qualifiers is due next Friday, October 24, 2025.

Please use the link below to submit your entry.

[Notification of Entry for Competitive Cheer](#)

Below are the competitive cheer qualifying dates, times, and sites.

Class AAAAA - Division II: Tuesday, November 11, 2025: Spring Valley High School: 6:00 pm

Class AAAAA - Division I: Thursday, November 13, 2025: White Knoll High School: 6:00 pm

Class AAAA: Saturday, November 15, 2025: Lexington High School: 10:00 am

Class AAA: Saturday, November 15, 2025: Lexington High School: 2:00 pm

Please direct any questions to Amy Boozer, Associate Commissioner, at amy@schsl.org.

CONGRATULATIONS

2025 Girls Golf State Finals



The SCHSL 2025 Girls Golf State Finals are approaching. The two-day tournament will be held next Monday-Tuesday, October 27-28, 2025. The location and host for the State Finals are listed below.

Check the link of each classification for specific details.

Classification	Date	Site	Host
1A-2A	10/27 & 28	Chester Country Club	Lewisville
3A	10/27 & 28	Diamond Back Golf Course	Aynor
4A	10/27 & 28	Hilton Head Lakes	May River
5A – Division I	10/27 & 28	Carolina Country Club	Dorman
5A – Division II	10/27 & 28	Hackler Golf Club (CCU)	North Myrtle Beach

Additional questions can be directed to Amy Boozer, Associate Commissioner, at Amy@schsl.org.

State Finals Merchandise

NW Designs will be selling official championship merchandise on-site at the Girls Golf State Finals. Fans can also purchase merchandise via their online store, which is accessible at <https://online-apparel.com/s/schsl-store/girls-golf-state-championships/>.

ANNOUNCEMENTS

Official Spotlight

Throughout the year, we will shine the spotlight on the unsung heroes of high school sports, our officials. We will profile officials from different sports so that you can get to know them and why they do what they do.

This month we spotlight Carol Bodie – Volleyball and Retired Basketball official.



1) **How long have you been an official in the SCHSL?** I have been an official in the SCHSL for 34 years.

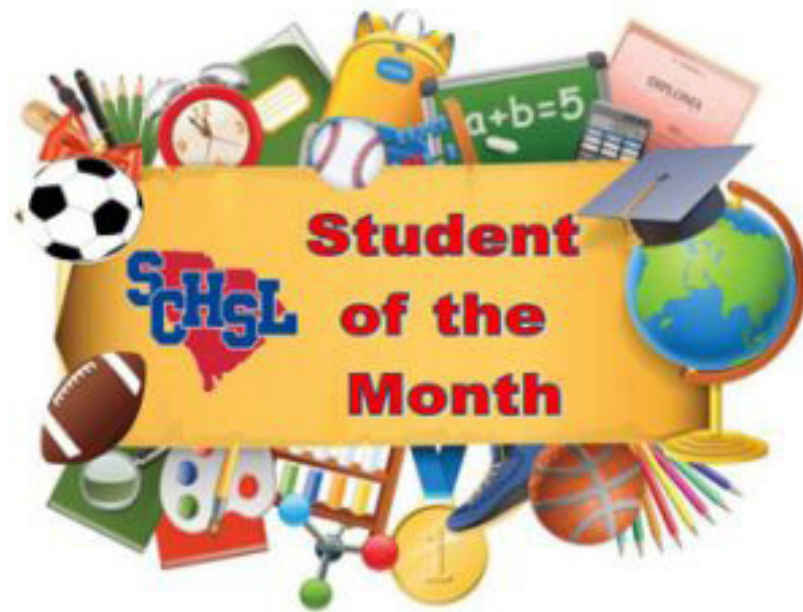
2) **What sports do you currently officiate?** The 34 years of officiating includes 27 years of basketball, (retired in 2019) and 20+ years of volleyball that I am still officiating.

3) **Is officiating your full-time job? If not, what is your profession?** I am retired from the Savannah River Site in Aiken SC, where I held multiple jobs in Information Technology with the last one being in Cyber Security. I don't consider officiating a full-time job.

4) **Why are you a high school official?** I officiate because I love being involved in sports. I never dreamed that I would become an official, but it just happened because of coaching young children basketball. I saw a need and had played the game, so I gave it a try. And I loved it! Volleyball was never on my radar, but I got talked into officiating it. I had a lot to learn about volleyball, but I studied the game to be the best official I could become. I love being able to communicate with the coaches and players over the years, even though some former players tell me I am strict. I also love the comradery with the other officials. They become your family, and I truly enjoy learning from other officials.

ANNOUNCEMENTS

Student-Athlete of the Month Deadline



The Student-Athlete of the Month Award is presented monthly to one male and one female student-athlete who display excellence in the areas of academics, athletics, and leadership/community service. Students in grades 9-12 who attend SCHSL member schools are eligible to receive the award. Monthly award winners will receive recognition via social media, be featured on the SCHSL.org website, and in TuesNews Weekly E-Newsletter.

The SCHSL encourages all schools to nominate one male and one female for this award.

The deadline to nominate for the October 2025 Student-Athlete of the Month is next **Friday, October 31, 2025**, at 11:59 pm. The October 2025 SOTM will be announced on Tuesday, Nov. 4, 2025.

The link to nominate the student-athlete is below. Please be sure to include a high resolution head shot and an action shot of the nominee on the link.

For additional questions about the Student-Athlete of the Month, please contact the Director of Educational Services, Dr. Curtrell Rhodan, at curtrell@schsl.org.

[Student-Athlete of the Month Nomination Form](#)

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NFHS NETWORK

COUNTDOWN TO PLAYOFFS SALE

50% OFF

YOUR FIRST MONTH

Promo Code: **COUNTDOWN50**

GET 50% OFF

Monthly subscriptions will automatically renew each month at the standard rate (currently \$13.99/month) plus applicable tax until cancelled. To avoid future charges, go to My Account and click the "Cancel Subscription" link in advance of your monthly renewal date.



It's the Countdown to Playoff Sale for the NFHS Network

Be sure to catch the South Carolina High School League's playoff on the NFHS Network.

Throughout October, new subscribers to the NFHS Network can receive 50% off their first month's subscription by using the promo code COUNTDOWN50.

Access the NFHS Network through the link below to get started.

<https://www.nfhsnetwork.com/>

ANNOUNCEMENTS

Design Your Own Wilson Basketball



Now is the time to customize your own Wilson basketball.

Submit your order by November 2, 2025 to receive it by December 24, 2025.

Customize your ball at the following link:

[Customize Link](#)

Book Order Links

The 2025-26 NFHS Rules and Case Books for Football and Volleyball, and the Rule Books for Cheer as well as Swimming and Diving are now available.

Additionally, scorebooks for Cross-Country, Wrestling, Basketball, Track and Field, and Soccer are available for purchase from the SCHSL Shopify store at the following link: <https://sc-high-school-league.myshopify.com/collections/all>.

If your entire order is not currently in stock, a partial shipment will be sent with available items. The remaining books will be mailed once they become available.

All questions pertaining to book orders should be directed to MaeoCeisha Jenkins, Office Coordinator, at maeoceisha@schsl.org.

FOR YOUR INFORMATION

The Health Spot

Importance of Sleep

As the fall months bring shorter days and earlier sunsets, high school athletes may find their schedules shifting, which can affect their sleep patterns and overall performance. With practices or games extending into the evening, athletes may end up staying up later, reducing their opportunity for adequate rest.

It's important for athletes to be mindful of these changes and prioritize their sleep to ensure they maintain peak performance. The effects of reduced sleep, such as slower reaction times, decreased focus, and higher injury risk, can be especially detrimental during this time of year when the demands of school and sports intensify.

All questions related to the information contained in this section, should be directed to Tim Kinney, Director of Health, Safety, and Wellness, at tim@schsl.org.

Tools for Success

Let's prioritize *education* in education-based athletics.

It's up to all of us to educate our coaches, student-athletes, parents, and spectators on what good sportsmanship — and poor sportsmanship — truly look like. It is imperative that we all go the extra mile to ensure everyone clearly understands the expectations and the consequences when proper judgment is not used in an athletic setting.

As the playoffs begin and the winter season revs up, let's take time to revisit the rules and regulations that guide our programs.

Below is a link to the **Fall Captains Course** — a great resource for student-athletes and coaches to review together, especially on a rainy day or during a team meeting.

[Fall Captains Course](#)

All questions related to the information contained in this section, should be directed to Dr. Curtrell Rhodan, Director of Educational Services, at curtrell@schsl.org.

FOR YOUR INFORMATION

Officials' Whistle

Fall Officials' Appreciation Week

We want to give a special shout out to the schools who participated in the Fall Sports Officials' Appreciation Week, October 6-11, 2025. Below is a list of schools who shared their photos with us.

- AC Flora High School
- Gray Collegiate Academy
- Lake View High School

We are proud to see you honoring the vital role our officials play in interscholastic athletics. No matter how large or small, thank you for showing appreciation to our Fall Sports Officials.

Looking ahead, the next Officials' Appreciation Week will be January 12-17, 2026, for our Winter Sports Officials. We challenge all schools to participate during these weeks in the future!

All questions related to the information contained in this section, should be directed to Associate Commissioner, Sarah Hayes, at sarah@schsl.org.

Future Five Stars

Dedicated to Middle Schools in the SCHSL

A Friendly Reminder

Principals please share this information with your Athletic directors and basketball coaches.

As we are getting closer to basketball season, we just want to give you a few friendly reminders:

1. Your first practice date is November 3, 2025.
2. Your first scrimmage date is November 10, 2025. You are allowed one scrimmage and one jamboree, but you can trade a jamboree for a scrimmage.
3. You must have at least five (5) organized practices before your first scrimmage, and at least 15 organized practices before your first game.
4. A team may not participate in games on more than two school days, (Monday through Friday), in any week, nor participate in more than three games in any seven (7) day period.

All questions related to the information contained in this section, should be directed to Dr. Lenard Hudnal, Assistant Commissioner for Middle School Athletics, at Lenard@schsl.org.